

# Saturday-9:00am o April 24, 2004

#### **WHAT**

8K Run (Approx. 5 Miles) • 2 Mile Fitness Walk

#### WHEN

Saturday April 24th 2004 9:00am Run/9:15am Walk

# **WHERE**

Zionsville Middle School 900 N Ford Rd Zionsville, Indiana

#### **EVENT HIGHLIGHTS**

The 8k run and 2 Mile Walk will travel from the Middle School along the scenic Z-Ville trail.

#### ENTRY FEES

Pre-Registration Deadline:	April 19th
8k Run Entry with a shirt	\$15.00
2 Mile Fitness Walk with a shirt	\$15.00
Family Plan (Includes 2 shirts*)	\$40.00
*Additional shirts may be purchased for \$8.00 each	

# **RACE DAY**

Pre-Registration Deadline:	April 19th
8k Run Entry	\$20.00
2 Mile Fitness Walk	\$20.00
Family Plan	\$40.00

#### PRE-REGISTRATION

To be pre-registered your completed registration form and payment must be received before April 19th, 2004.

Make checks payable to: ZMS PTO

and Mail to: Runners Forum 620 Station Drive Carmel, IN 46032

Or register online at: www.runnersforum.com

#### RACE DAY INFORMATION

Registration and packet pick-up:

7:30-8:30am

Zionsville Middle School - Eagle Hall

Start times:

8k Run 9:00am 2 Mile Walk 9:15am

# **SCORING & RESULTS**

The 8k Run will be scored by The End Result Co. The results will be posted on www.runnersforum.com approximately 1:00pm on race day.

#### **AWARDS**

**OVERALL:** 

Male/Female 8k Competitive race only (1, 2, 3)

**MASTERS:** 

Male/Female (1)

AGE GROUPS:

Male/Female

(5 year age groups:12 and under 13-15, 16-20, etc, through 70+)

Age Group awards based on pre-registration.

Awards will be presented in the ZMS Eagle Hall following the race. 2 Mile Walk participants are eligible for door prizes.

#### **ADDITIONAL INFORMATION**

Z-Run is sponsored by the Zionsville PTO. All proceeds will be used toward the restoration of the Wetland development of an outdoor Learning Lab in the Wetlands.



CHAA, the Coalition for a Healthy and Active America, is dedicated to educating parents, children, schools and communities about the critical role physical activity and nutrition play in the fight against childhood obesity. For more information, visit us on the web at www.chaausa.org

# SPECIAL THANKS TO OUR EVENT SPONSORS





**HUGHES ORTHODONTICS** 9106 N. Meridian Street Suite 250 (317)846-7011





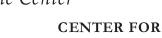








Coalition for a Healthy and Active America







BraunConsulting















Eyecare for Eagle Eyes® Zionsville Eyecare James Haines, O.D. Shannon Pierce, O.D. Katherine Schuetz, O.D.





**RACE DAY** 

\$20.00

\$20.00

#### REGISTRATION FORM

First Name:	Last Name:		ease check o	_
	(Please fill out a separate form for each family member.)	FEES		
Address:			PRE-REGIST	R/
City:	State: Zip:	8K	\$15.00	
Daytime phone:				
E-mail:		2 MILE WALK	\$15.00	
(Students) School:	Grade:			
		FAMILY PLAN	\$40.00	
Date of Birth: /_	./ Age on race day: Sex(circle): Male Female			l
T-shirt size (circle o	ne) Adult sizes: XS S M L XL XXL	ADDITIONAL T-SHIRTS		
MAKE CHECK	S PAYABLE TO ZMS PTO	TOTAL ENCLOSED		

FAMILY PLAN	\$40.00	\$40.00
ADDITIONAL	T-SHIRTS	\$8.00
TOTAL ENCLOSED		
successors and assigns	Runners Forum of Ca	armel Inc.; The End

Waiver Statement (Must be signed): I attest and verify that, the undersigned, intending to be legaly bound, hereby, for myself, and my heir: damages, attorney fees, court cost and cost of collection which I or the above named entrant (Enrant) may have now or in the future against: MACDesigns, Inc.; The Runners Forum of Carmel Inc.; The End Result Co. Inc.; Coalition for a Healthy and Active America (CHAA); Zionsville Community Schools; ZMS PTO; Aspen Education; Braun Technologies; Center for Diagnostic Imaging (CDI); Dura Builders; Dr. Jay Hughes, Orthodontist; NAI Olympia Partners; Professional Fitness; Ripberger Construction; St. Vincent Sports Medicine Center; Browns on Fifth; Suzanne Germaine, DDS; Hat World; Zionsvillle Jazzercise; Jerry McMahan, Tucker Realty; Pulte Homes; and Wild Birds Unlimited, and any other groups associated with this event, its agents, employees, officers, directors, and volunteers, arising out of or in connection with this event. I hereby grant full permission to any and all of the foregoing to use any photographs and other records of this event for any legitimate purpose

	Date	
Signature of Participant or Guradian if Participant is under 18 years of age		