



# Z'Run

5K run • 1 mile walk  
 Saturday, April 26, 2008  
 9 am at  
 Zionsville Middle School

## WHAT

5K Run (Approx. 3.1 Miles) • 1 Mile Fitness Walk

## WHEN

Saturday April 26, 2008 at 9:00am Run/9:15am Walk

## WHERE

Zionsville Middle School  
 900 N Ford Rd  
 Zionsville, Indiana

## EVENT HIGHLIGHTS

The 5k run will travel from the Middle School along the scenic Zionsville trail. The 1 mile walk is on the ZMS track.

## ENTRY FEES

Pre-Registration Deadline:	April 18th
5k Run Entry with a shirt	\$15.00*
1 Mile Fitness Walk with a shirt	\$15.00*
Family Plan (Includes 2 shirts*)	\$40.00

\*Entry fee for Zionsville Students and Staff is \$10. Additional shirts may be purchased for \$8 each.

## RACE DAY

5k Run Entry	\$20.00*
1 Mile Fitness Walk	\$20.00*
Family Plan	\$40.00*

\*Race day fees apply to all. Race shirts guaranteed for pre-registration only!

## PRE-REGISTRATION

To be pre-registered your completed registration form and payment must be received before April 18th, 2008.

Make checks payable to ZMS PTO and mail to:

Ken Long & Associates  
 994 North Combs Road  
 Greenwood, IN 46143

Or pre-register online with a credit card at  
[kenlongassoc.com](http://kenlongassoc.com)

## RACE DAY INFORMATION

Registration and packet pick-up:

8-8:30am

Zionsville Middle School - Eagle Hall

Start times:

5k Run	9:00am
1 Mile Walk	9:15am
Awards Ceremony	10:00am

## SCORING & RESULTS

The 5k Run will be scored by Ken Long & Associates.

Race results will be posted on the website [kenlongassoc.com](http://kenlongassoc.com) by approximately 1:00pm on race day.

## AWARDS

OVERALL:

Male/Female 5k Competitive race only (1, 2, 3)

MASTERS:

Male/Female (1)

AGE GROUPS:

Male/Female

(Age groups: 8 and under, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, etc. Age Group awards based on pre-registration.)

Awards will be presented in the ZMS Eagle Hall following the race. 1 Mile Walk participants are eligible for door prizes.

## ADDITIONAL INFORMATION

Z'Run is sponsored by the Zionsville Middle School PTO.

Proceeds will be used to fund ZMS PTO projects.

Would like to donate to ZMS PTO

